



## E-Bulletin from National Association for Patient Participation Issue Number 133 October 2018

### 1. Latest N.A.P.P. News

#### **Regional project: Growing PPG networks and effectiveness in the NHS England Midland and East (Central Midlands) region**

During 2017-18, N.A.P.P. was commissioned by NHS England to work with PPGs, Practice Managers and Patient and Public Engagement (PPE) leads in the 15 Clinical Commissioning Groups (CCGs) in the NHS England, Midlands and East (Central Midlands) region. The project aimed to help grow PPG networks, and to increase the effectiveness of PPG networks and of PPGs in their practices.

By engaging with at least 725 individual PPG members, members of the public, and Practice Managers, through a series of network meetings and other engagement events, a number of themes emerged and 14 recommendations were generated, currently being considered for implementation by NHS England, the report has been well-received.

N.A.P.P. hopes that, in due course, it may be possible to secure support from other NHS England regions to carry out similar projects. A summary report on the project giving more information on the themes and the recommendations can be read [here](#). Further details in the N.A.P.P. Member pages.

### 2. Diary Dates:

**12<sup>th</sup> - 18<sup>th</sup> November Self Care Week: Choose Self Care for Life** Download [resources](#) from the Self Care Forum website. The Self Care Forum publishes a series of 14 [Factsheets](#) including **Welsh Language versions** which can be located by scrolling down the page. The Self Care Campaign launched in March 2010, is made up of professionals from key organisations across primary care including N.A.P.P., Royal College of Nursing, National Association of Primary Care, and the Proprietary Association **of Great Britain (PAGB)**.

### 3. Winter public health campaigns “Help Us Help You”

NHS England and Public Health England (PHE) are launching a series of winter campaigns. The [programme](#) brings together existing campaigns incorporating messages about flu, staying well in winter, NHS 111, pharmacy and extended GP hours. The aim is to help people understand how to navigate the NHS and get the right help and advice they need in the most timely and appropriate way.

### 4. Building Health Partnerships programme

The [Building Health Partnerships programme](#) has been awarded £450,000 from NHS England and the National Lottery – through the Big Lottery Fund., to support ways to help patients to improve health services. This will provide tailored support for co-production to 10 areas, helping to more easily involve patients and carers in designing the services they use. The funding will also support leadership training and develop a champions’ network where community representatives and commissioners can share the best ways to keep the public involved in STPs and ICS plans.

### 5. Integrated care for every community: Health and Care Partnerships

Health and care needs are changing, with more people living longer with multiple long term conditions. This short (less than three minutes) [animated video](#) summarises the growing demands in our health and social care services.

## 6. CQC surveys the state of care

The CQC's annual report highlights trends, examples of good care, and where care needs to improve. Ratings show that quality overall has been largely maintained from last year, and in some cases improved, despite the continuing challenges providers face. The [report](#) also found that it was harder for people to access services in the community in places where services failed to work well together, putting extra pressure on acute and mental health services.

## 7. Continuing Healthcare and NHS-funded nursing care: New guidance

NHS continuing healthcare is a package of care arranged and funded solely by the NHS to meet physical and/or mental health needs that have arisen because of disability, accident or illness. Eligibility decisions rest on whether someone's need for care is primarily due to health needs e.g. people who are eligible may have complex medical conditions that require highly specialised nursing support. The Department of Health and Social Care has published [guidance](#) on the principles and processes of the national framework for NHS continuing healthcare and NHS-funded nursing care.

Simultaneously, a parliamentary [briefing](#) has been published for MPs on eligibility to NHS continuing healthcare in England covers the national framework, dispute resolution and refunds guidance It is intended to help Members respond to queries from constituents about eligibility to NHS continuing healthcare in England. Equivalent provision in Scotland, Wales, and Northern Ireland is covered in the sixth section.

## 8. Advance care planning in general practice: does policy match reality?

This [report](#) from an end of life care registered charity, Compassion in Dying, reveals the mismatch between clinical commissioning group policies concerning advance care planning and the reality faced by patients. The Mental Capacity Act 2005 enables people in England and Wales to plan for their treatment and care in the event they become unable to make those decisions for themselves. It provides three valuable tools for advance care planning: Advance Decisions to Refuse Treatment, (often known as 'Advance Decisions' and sometimes referred to as 'Living Wills'), Lasting Powers of Attorney for Health and Welfare, and Advance Statements. However, people find that their GPs have been hesitant, not confident, or even unwilling to discuss or record Advance Decisions or requests for DNAR order.

## 9. Planned improved support for carers and why caring for the people who care matters

The government has published [a plan to improve support for carers in England over the next two years](#). Also NHS England has produced [two infographics for NHS staff](#) and commissioners to use to highlight the importance of GP practices and staff identifying and looking after carers

## 10. Medicine A-Z resource now available for patients and the general public

The NHS website has published a new series of medicine profiles aimed at patients and members of the public, advising community pharmacy teams to send patients to the relevant pages at [here](#) to find out more about their medicine

## 11. N.A.P.P. website: Don't miss out on this useful member benefit!

Our website Member pages contain **key resources available only to affiliated PPGs**. For login details, **visit the website, click on Members and use screen instructions**. We recommend each PPG to have a generic group email address as the username for the login.

**12. Reminder:** *Please email this bulletin to fellow members promptly. All previous bulletins can be found at <http://www.napp.org.uk/ebulletins.html>*

*Edith Todd, Trustee,*

*October 2018*